

# YOUR SCHOOL COLD LUNCH MENU



Hampshire  
County Council

Education Catering

A balanced selection  
of carbohydrates,  
protein, fresh fruits  
and vegetables.

## MONDAY

Ham Roll

Carrot and Cucumber sticks

Shortbread Biscuit

Fresh Fruit

## TUESDAY

Tomato Pasta Pot

Carrot and Cucumber sticks

Shortbread Biscuit

Fresh Fruit

## WEDNESDAY

Tuna mayonnaise Roll

Carrot and Cucumber sticks

Shortbread Biscuit

Fresh Fruit

## THURSDAY

Tomato Pasta Pot

Carrot and Cucumber sticks

Shortbread Biscuit

Fresh Fruit

## FRIDAY

Cheese Roll

Carrot and Cucumber sticks

Shortbread Biscuit

Fresh Fruit

FISH FROM WELL-MANAGED  
AND SUSTAINABLE SOURCES



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COMPLETELY

NUT  
FREE

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