

PE



Intent

At Sheet Primary School, we intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills in a safe and supportive environment. We want our children to develop skills that will help them throughout their lives and to be able to transfer those skills into different situations. Children are provided with opportunities to take part in a wide range of sports activities both within and outside the school environment. Our curriculum aims to improve the wellbeing and fitness of all our children, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. During such sporting activities, effort and hard work are celebrated alongside success, whilst enjoyment and teamwork are heavily promoted.

Children will:

- Develop competence in a broad range of physical activities
- Be physically active for regular and sustained periods of time
- Engage in competitive sports and activities
- Lead active and healthy lives.

Implementation

Our curriculum aims to improve the wellbeing and fitness of all children at Sheet Primary School as well as giving pupils opportunities to enjoy participating and competing in sports within and outside school. We aim to ensure all children are active every day through playground play (independent or guided), active learning, after school clubs, walking to school schemes, and twice-weekly PE lessons. Opportunities are provided to all children to take part in sporting activities against other schools through our Small School Partnership and Bohunt Sports Partnership links which not only develop sporting skills, but teamwork, social and leadership skills and promotes mental well-being. Our annual sports day provides children with an opportunity to build character and embed our school values and celebrate the effort, participation and success of everyone. Active after-school sports clubs are offered.

Our outdoor adventurous activities take place predominately on school trips and residential and swimming is taught in years 3 and 4 with additional lessons being offered to year 5 children if competence has not yet been achieved.

All resources and equipment needed for PE lessons are used in accordance with 'Safe Practice in PE' (AfPE).

To implement a successful PE curriculum we have developed a coherent and progressive long-term plan, based on the Get Set 4 PE scheme which ensures that the requirements of the National Curriculum are fully met. Formative Assessment is applied throughout each lesson and subject vocabulary is used to support learning.

Sports Premium Funding is used to increase physical competency of staff and children and also provides staff with resources and high-quality equipment.

Impact

We ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of sports and activities. All children are provided with the skills and given opportunities to demonstrate improvement to achieve their personal best.

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. Our pupils