

MULTI-SPORTS AFTER SCHOOL CLUBS (not including football)
COVID-19 SPECIFIC - RISK ASSESSMENT



Key Principles for supporting extra curricular sports clubs

- Clean frequently touched surfaces
- Wash hands frequently as part of clear hygiene regime
- Ensure good respiratory hygiene

Area of Consideration	Suggested practice	Preventative Actions	Responsibility
Learning	Minimising contact	Plan accordingly sessions that minimise contact. Communicate to children before each session	Director & coach/es delivering
	Teaching practices and revised expectations	Use visual aids to help learning (whiteboard, own i-pad) or demonstrations without touching equipment. Breakdown sessions into even smaller parts Explain expected outcomes of lesson prior to it commencing	Director and coach/es delivering
	Considered impact on pupils being taught	Gain further understanding of those with protected characteristics including race and disability to develop approach	Director and Coaches
	Groupings	A group of up to 30 per club but with a coach to child ratio of 1-16. Keep key stage 1 and key stage 2 children as separate groups and where possible keep children in classes for activities	Director
Protective measures and hygiene	Regular hand washing	Washing hands immediately before and after an after school club Ensure coaches have hand santiser available for children after activities if not on school site	Coach
	Coach hygiene	Have access to and antibacterial wipes and spray, hand sanitiser, tissues and non-latex gloves	Director
	Respiratory hygiene	Ensure tissues are available with 'catch it, bin it' approach taken	Director and coaches
	Organisational structure	Find out and use schools information of access in and out of the building, timings of sessions changing and teaching areas.	Coaches and school staff
Changing areas and sports clothing	Hygiene	If necessary to be used, changing areas are cleaned before and after use with surfaces wiped down	Coaches and school staff
	Social Distancing	Ensure there is 1 metre between those getting changed and changing is supervised	Coaches and school staff
	Sports Clothing	Children remain in PE kit if the after school club continues after a PE lesson Allow children to wear their sports kit for PE lessons and remain in this until the after school club	School

Area of Consideration	Suggested practice	Preventative Actions	Responsibility
Teaching areas	Outdoors	Keep pupils outdoors as much as possible to support social distancing unless extremely adverse weather conditions	Coaches
	Indoors	If poor weather dictates an indoor session, windows are opened to ensure good ventilation Coaches to wear face masks where necessary If no indoor facilities are available the session is cancelled and parents of children attending are given as much notice as possible	Coaches
	Zones	Classes work in allocated teaching space and pupil zones where possible	Coaches
	Weather	Identify shady areas that can be used and maintain social distancing for really hot, sunny days	Coaches
Organisation	Bookings	Parents, Guardians or carers must pre-book for their child to attend the course via the Aspire Coaching website First come, first serve with limited numbers and waiting lists in place. If no prior booking is made children will be guided to school office	Director
	Payments	Payments for the club must be made within one week of the first session or the place is relinquished.	Director and coaches
	Registers	Weekly attendance registers are kept for 3 weeks minimum Full contact details are kept in case of the need to follow the NHS Track & Trace system Registers and details are kept safe and secure in alignment with GDPR regulations	Director and coaches
Equipment	Hygiene	Equipment is sterilised and cleaned before and after each use. Team vests are only used to a minimum and where necessary. They are clean and numbered to ensure there is no mixing Hand washing before and after each club session to mitigate virus transmission	Director and coaches
	Minimal Sharing	<ul style="list-style-type: none"> • Use school equipment where possible to prevent cross contamination • Use equipment for one group only • Use only equipment that can be sterilised before and after use. 	Director and coaches
	Water Bottles	Water bottles are named and kept well apart from other bottles Children are reminded not to squirt the liquid from their bottle into the open	Coaches

Developed with guidance from Government, Association for PE (AfPE) and primary schools and Sport England

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Date: 26th August 2020

Resources

www.gov.uk/coronavirus

<https://www.afpe.org.uk/physical-education/afpe-launch-new-support-document-covid-19-interpreting-the-government-guidance-in-a-pesspa-context/>

https://learn.sportenglandclubmatters.com/pluginfile.php/31273/mod_resource/content/2/Club%20Matters%20-%20Creating%20a%20Risk%20Assessment%20SO.pdf