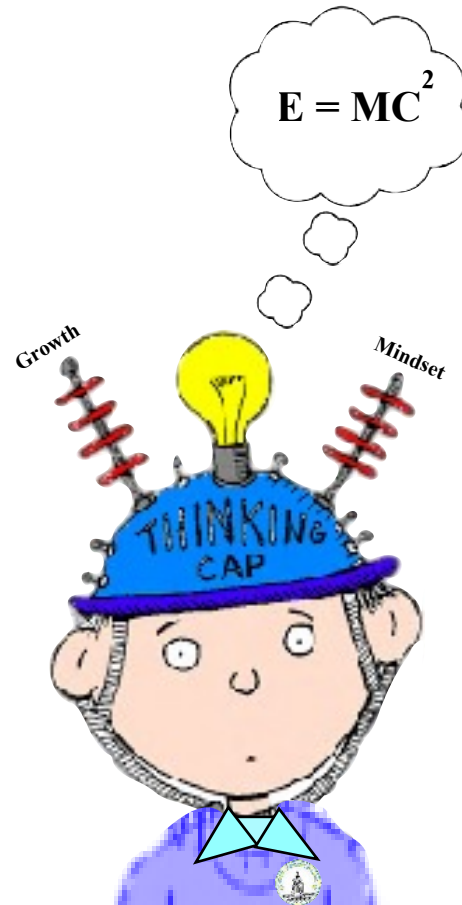
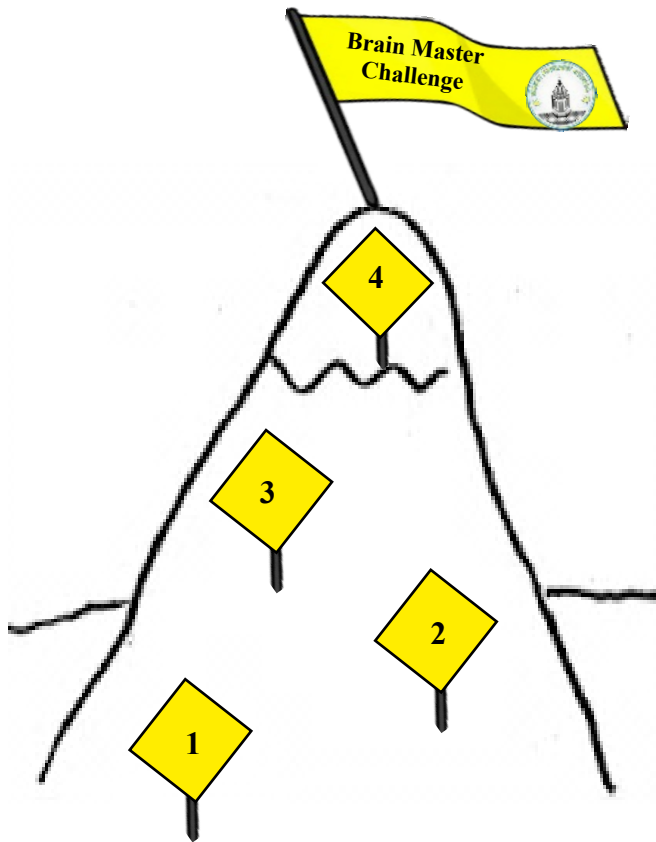


Brainology has a short introduction and 4 levels that will each take 30-45 minutes. In each unit, you'll learn some fun stuff through experiments and quests.

By the time you reach the top of the mountain, you'll have picked up some useful tips for studying and excelling at school and in life.

When you reach the final unit, you'll become a certified *Brain Master*!



Remember ...

Fast learning is not always the best learning and pupils who take longer sometimes understand things at a deeper level. Some historical figures who were not 'fast' learners in childhood achieved great things.

Albert Einstein swore that he was slow to learn and that's why he pondered the same questions year after year — with, as we know, excellent results.



Growth Mindset

There are 2 mindsets in school

Fixed Mindset

Children think their intelligence is fixed and believe that if you have ability, everything should come naturally. They want to look smart above all else and cannot handle setbacks because it makes them feel dumb. They are afraid to take risks or stretch themselves in their learning or admit to failings.

Growth Mindset

Children view learning new tasks and challenges as an opportunity to learn and grow. They are not afraid of making mistakes as they can learn from them. They are prepared to keep practising and trying. They realise that even geniuses have to work hard to develop their abilities.

In the classroom ...

Teachers can create a **Growth Mindset** by encouraging their pupils and praising them for their efforts; the strategies they use, the choices they make and for the persistence they show.



*Learn from
your mistakes!*

+

*Learn to love
your mistakes!*

+

*Every mistake
is a potential
for growth!*

=



Brainology

You can develop a **Growth Mindset** and achieve more using **Brainology**.

Brainology teaches you how your brain works, learns and remembers things and how it changes physically when you exercise it.



Brainology shows you that you are in control of your brain and that intelligence can be developed. You will learn a set of skills that will help you with your schoolwork.

In fact ...

Brainology teaches you how to make your brain stronger so you can become smarter and do better at anything you choose!