

## Physical Development – PE

Gross motor skills  
Yoga  
Adventure Playground  
Sensory Circuits  
Dance  
Basic ball skills (rolling, throwing and catching)  
Continuous PE provision – always running, cycling, balancing, climbing, jumping, skipping and hopping

## Health and Self Care Continuing on:

Independent toileting and hygiene  
Hand washing  
Keeping ourselves fit  
Dental care  
Self-regulation and recognition of emotions  
Regulation strategies

## Understanding of the World

Programming Bee-Bots  
Every day jobs in the community  
People Who Help Us  
Visitors from the community  
Online Safety  
Spring Walks – Wednesday Welly Wanders!  
More Food  
Seasonal Changes – winter to spring  
Year 1 – The Great Fire of London

Winter, the Arctic, Space,  
Farms, Gardening and  
Growing, spring

**Robins Year R/1**  
**Spring 2026**

Please remember – any topic / plans  
can change – we're child-led!

## Personal, Social and Emotional Development

RE – Festivals  
Chinese New Year  
Diwali  
Passover  
Easter  
Jesus as a Storyteller  
Eggs as a sign of new life  
Jigsaw PSHE – Celebrating Difference  
My Happy Mind

## Expressive Arts and Design & Music

Singing daily nursery rhymes and songs  
Winter Art  
Printing  
Chinese New Year  
Easter cards and crafts  
Kapow Music – Music and Movement  
Helicopter Stories

## Communication and Language (incorporating Year 1 English)

### Reading

1:1 reading/guided group reading 3 times a week  
Daily Little Wandle Phonics and reading at home  
A wide variety of picture books

### Writing

Fine motor skill practice including:  
Playdoh, pen disco, threading and handwriting sessions  
Encouragement of mark making in all areas  
Early and correct letter formation  
Cementing how to recognise and write our name correctly  
Year 1 - Knowing a range of familiar stories  
Talking about main events, such as beginning, middle and end.  
Recognising the difference between fiction and non-fiction.  
Understanding the feelings of the main characters within a story.

### Communication and Language

Constant conversation! Child and adult led chats  
Role-play and dressing up in 'real' clothes  
Outdoor class theatre  
Small world play  
Memory and list games  
Daily stories and open access to books, fiction and non-fiction

## Mathematics YR

Subitise within 5 focusing on dot patterns.  
Match numerals to quantities within 5.  
Counting – focus on ordinality.  
See that each number is one more than the previous number.  
Focus on 6 and 7 as '5 and a bit'.  
Compare sets and use language of comparison: more than, fewer than, an equal number to.  
Make unequal sets equal.

## \*Mathematics Year 1

Recognise, compose, decompose and manipulate 2D and 3D shapes  
Numbers 0 to 10  
Additive structures  
Addition and subtraction facts within 10

**Key Dates:**

More dates to follow – keep an eye on the newsletter!

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